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or, institutionalized. The need for these services shall be evidenced by an assessment by a designated state children's service agency. Services are reimbursed based on fee-for-service methodology and include:

1. Behavior Management Attendant Care

- a. Description: One to one support or supervision provided by a trained individual to children described above. Attendant care may be provided when the consumer resides in his/her own home, biological family home, adoptive home or foster home.
- b. Qualifications: Each person employed as an attendant care worker shall, at minimum:
 - i. Be 21 years of age or older, and
 - ii. Possess a high school diploma or GED, and
 - iii. Possess a valid driver's license and appropriate insurance to transport clients, and
 - iv. Completed current First Aid, CPR and Blood borne Pathogens training, and
 - v. Completed training in human behavior and non-aggressive restraint training, such as Mandt, and
 - vi. Pass KBI, CANIS and TB screens, and
 - vii. Function under a supervisor who, at minimum shall possess a Bachelor's degree in Social Work.
- c. Units of service are billed on a per hour basis
- d. Limitations: This service must be prior authorized

2. In-Home Family Treatment

- a. Description: Therapeutic intervention by a trained therapist to help the child Medicaid beneficiary remedy family problems which contribute to emotional disturbance. The purpose is to help avoid out of home placement, or to facilitate a child's successful return to the family if out of home placement has occurred. The child must be present.

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- i. Licensed Family Service Agencies,
- ii. Licensed Child Placing Agencies,
- iii. Licensed Master's Degree Social Workers,
- iv. Physicians,
- v. Ph.D. Psychologists, or
- vi. Certified Master's Degree Counselors registered with the Behavioral Sciences Regulatory Board.

c. Unit of service is per hour.**d. Limitations: This service must be prior authorized.****3. Residential Treatment Services - Level V Group Home**

- a. Description: Treatment, but not room and board, provided in 24-hour residential care for children and youth with behavior problems who require a behavior management program which provides consistent structure, therapeutic intervention, and a stable environment with a degree of supervision. The content of care includes services that are similar to one to one supervision, individual, family and group therapies, psychosocial treatment groups, case conference, and other services described in Part A and C. However these services differ in that they are provided as part of a residential treatment milieu. It may also include Intensive Behavioral Management for children who present extraordinary challenges in terms of supervision and behavior management. This is an adjunct service which provides additional behavior interventions and therapeutic services. The children who require this more intensive level of care often have long standing emotional challenges that result in drug abuse, gang affiliation, and assaultive behavior. Level V Group care facilities provide three variations of the treatment programs based on the conditions contributing to the placement and the individual treatment plans designed to meet the needs of each child. The treatment programs are described as follows:
 - i. Treatment provided in a non-secure facility providing 24-hour behavioral interventions for children and youth with severe

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maladaptive or disruptive behaviors designed to prepare them to return to less restrictive settings.

- ii. Treatment in secure residential group care facilities in which there are staff trained in providing treatment to high-risk, impulsive youth.
- iii. Treatment provided in non-secure community-based facilities for youth having severe behavioral problems and secondary diagnosed disturbances.

b. Qualifications: SRS/CFP Provider Agreement.

c. Units of services are billed on a per diem basis through the methodology described in 4.19-B, part B, page 1. Room and board payments are not included.

d. Limitations: This service must be prior authorized.

4. Therapeutic Foster Care:

a. Description: Services for the purpose of enabling a child to improve or maintain emotional or behavioral functioning in order to reduce or prevent the reliance upon more intensive, restrictive, and costly services, or to reunify and reintegrate the child's family after out of home placement. The services are provided by highly trained licensed family foster care providers, who are recruited, assessed, trained and supported with intensive on-site casework supervision by licensed child placing agencies. These individuals act as surrogate parents and interact with the child using techniques learned through the training to help the child return to a normal family setting.

b. Qualifications; Training provided by licensed child placing agencies with SRS/CFP Provider Agreement

c. Units of services are billed on a per diem basis for the treatment component only. Room and board payments are not included.

d. Limitations: This service must be prior authorized. Service is limited to a total of two children per Therapeutic Foster Care Home.

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5. Family Counseling

- a. Description: Face-to-face services in which the child is always present dealing directly with the problems, needs and strength of the individual child. This includes guidance and treatment to alleviate problems of a developmental, emotional or physical nature through a variety of therapeutic techniques. The purpose is to maintain the child's placement in the child's home, to maintain placement in the least restrictive setting, or to facilitate a child's successful return to the family if out of home placement has occurred. This service will primarily take place in the home setting or similar community setting. Family counseling services are not intended to take the place of therapeutic services provided by mental health professionals nor are they intended to meet the needs of children who require well coordinated treatment efforts due to severe emotional disturbance.
- b. Qualifications: Must at minimum be one of the following:
- Licensed Bachelor's Degree Social Worker,
 - Licensed Master's Degree Social Worker,
 - Licensed Master's Psychologist,
 - Licensed Marriage and Family Therapist,
 - Licensed Professional Counselor, and
 - Function under a supervisor who, at minimum shall possess a Master's level degree in social work or a Bachelor's degree in social work, or other related human service area and two years social work experience.
- c. Units of service are billed on an hourly basis.
- d. Limitations: This service requires prior approval.

6. Group Counseling

- a. Description: Face-to-face services in which the child is always present dealing directly with the problems, needs and strength of the individual

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child. This includes guidance and treatment to alleviate problems of a developmental, emotional or physical nature through a variety of therapeutic techniques. The purpose is to help avoid movement to a more restrictive placement, or to facilitate a child's successful return to the family if out of home placement has occurred.

Group counseling services are not intended to take the place of therapeutic services provided by mental health professionals nor are they intended to meet the needs of children who require well coordinated treatment efforts due to severe emotional disturbance.

- b. Qualifications: Must at minimum be one of the following:
 - i. Licensed Bachelor's Degree Social Worker,
 - ii. Licensed Master's Degree Social Worker,
 - iii. Licensed Master's Psychologist,
 - iv. Licensed Marriage and Family Therapist,
 - v. Licensed Professional Counselor, and
 - vi. Master's level degree in social work or a Bachelor's degree in social work, or other related human service area and two years social work experience.
- c. Units of service are billed on an hourly basis.
- d. Limitations: This service requires prior approval.

7. Individual Counseling

- a. Description: Face-to-face services in which the child is always present dealing directly with the problems, needs and strength of the individual child. This includes guidance and treatment to alleviate problems of a developmental, emotional or physical nature through a variety of therapeutic techniques. The purpose is to maintain placement in the child's home, to maintain placement in the least restrictive setting, or to facilitate a child's successful return to the family if out of home placement has occurred. This service will primarily take place in the home setting or similar community setting. Individual counseling services are not intended

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professionals nor are they intended to meet the needs of children who require well coordinated treatment efforts due to severe emotional disturbance.

b. Qualifications: Must at minimum be one of the following:

- i. Licensed Bachelor's Degree Social Worker,
- ii. Licensed Master's Degree Social Worker,
- iii. Licensed Master's Psychologist,
- iv. Licensed Marriage and Family Therapist, or
- v. Licensed Professional Counselor, and
- vi. Function under a supervisor who, at minimum shall possess a Master's level degree in social work or a Bachelor's degree in social work, or other related human service area and two years social work experience.

c. Units of service are billed on an hourly basis.

d. Limitations: This service requires prior approval.

C. Alcohol and Drug Abuse Treatment Services

All services listed below are provided by individuals who have met the educational requirement and have received certification as substance abuse counselors by the Social and Rehabilitation Services Department of Health Care Policy. Certified counselors must also meet continuing education requirements for two year re-certification. Services include:

1. *Outpatient Services* - Individual or group counseling provides development of an individual treatment plan based on the findings of the Kansas Client Placement Criteria and the Addiction Severity Index, individual or group counseling services not to exceed 9 hours weekly, and discharge counseling. The number of treatment sessions will be determined by the appropriate Regional Alcohol and Drug Assessment Center and treatment counselors.

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2. *Intensive Outpatient Counseling* - Intensive outpatient counseling provides development of an individual treatment plan based on the findings of the Kansas Client Placement Criteria and the Addiction Severity Index, individual or group counseling services of 10 hours or more weekly, and discharge counseling. The number of treatment sessions will be determined by the appropriate Regional Alcohol and Drug Assessment Center and treatment counselors.
3. *Adult Intermediate Treatment* - 24 hour a day residential treatment primarily for individuals over age 18. The program will include the services of a full time registered nurse. An individual treatment plan will be designed using the Kansas Client Placement Criteria and the Addiction Severity Index. Admission and length of stay will be determined by the appropriate Regional Alcohol and Drug Assessment Center and treatment counselors. Discharge counseling will be offered. Some programs will be coed while others will be limited to the treatment of women, some of whom will be accompanied to the program by their children.
4. *Youth Intermediate Treatment* - 24 hour a day residential treatment primarily for individuals under age 18. The program will include the services of a full time registered nurse. An individual treatment plan will be designed using the Kansas Client Placement Criteria and the Addiction Severity Index. Admission and length of stay will be determined by the appropriate Regional Alcohol and Drug Assessment Center and treatment counselors. Discharge counseling will be offered.
5. *Reintegration Counseling* - face to face counseling to teach / train the consumer to regain / restore a drug free life style. The counseling addresses recovery efforts. The counseling focus is upon areas such as teaching non-job specific employment skills to retain or maintain employment, reestablish family support systems, more effective social skills. The goal is to minimize emotional (mental health) stressors; to direct positive attitudes, feelings, and values around employment and education; to provide direction and support regarding family related matters; and, to encourage and support the individual's need to attend to physical health matters.

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6. *Substance Abuse/Dependency Screen, Assessment and Referral* - This service is the initial point of contact for a consumer who may require treatment. The purpose is to assess needs and determine the proper course of treatment. Included in the assessment would be factors pertaining to emotional health, social roles, legal history, family history, employment history, use/abuse, and prior treatments regarding any of the above conditions. The intent is for the assessment of the client's substance treatment needs and the appropriate/subsequent and clinical placement/referral for treatment through use of the Kansas Client Placement Screening Inventory (KCPCSI).

The Addiction Severity Index (ASI) is the also a major component of the The ASI is utilized as a treatment planning tool in conjunction with information received from the KCPCSI. The ASI reviews lifestyle profiles of the substance abuse client which includes the substance use, family issues (support), legal, physical health, employment, emotional/behavioral health, spirituality, and living environment.

Both the KCPCSI and the ASI are completed and interpreted by individuals who are certified Substance abuse counselors.

D. Local Education Agency Rehabilitation Services

KAN Be Healthy Screening (EPSDT)

- a. Description: A health screening, at specific intervals, which consists of a health history, developmental assessment, complete physical exam, vision screening, hearing test, urinalysis, blood test, immunizations, nutrition screen, anticipatory guidance and other test as needed and referrals for treatment. Vision and hearing tests are completed at the specified intervals for these tests.
- b. Qualifications: Registered Nurse certified by the Kansas Department of Social and Rehabilitation Services or a licensed physician.
- c. Units of service are billed on a per screen basis (fee for service).
- d. Limitations: There are no limitations.

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STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Kansas

CASE MANAGEMENT

I. Targeted Case Management - Mental Health

a. Target Group:

This service will be reimbursed when provided to adults with long term mental illness or severe and persistent mental illness, or children with severe emotional disturbance

b. Freedom of Choice:

The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of section 1902(a)(23) of the Act.

Eligible recipients will have free choice of the qualified providers of case management services.

Eligible recipients will have free choice of the providers of other medical care as covered elsewhere under the Plan.

c. Description: The goal is to enhance independent functioning through which the consumer is integrated into and/or maintained within the community, so that institutionalization is not as likely or frequent. The individual is assisted in obtaining access to needed medical, social, educational, and other services. All interventions provided shall be related to specific goals set forth in the consumer's treatment plan which has been approved by a physician skilled in treatment of mental disorders. Interventions include the following:

1. Treatment Planning: This includes facilitating the team treatment planning process, developing goals and objectives based on a strengths assessment, monitoring to insure that the plan is working, and making changes when needed.
2. Collateral Contacts: This includes phone and written correspondence, as well

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as face-to-face contacts with other social service agencies, schools, housing and employment resources, and medical services.

3. Access to Supports: This includes assisting individuals in obtaining access to needed medical, social, educational, and other services.
- d. Qualifications: Targeted Case Manager: Each person working as a Targeted Case Manager shall, at a minimum:
 1. Have at least a BA/BS degree or be equivalently qualified by work experience or a combination of work experience in the human services field and education with one year of experience substituting for one year of education;
 2. Possess demonstrated interpersonal skills, ability to work with persons with severe and persistent mental illness and/or severe emotional disturbance, and the ability to react effectively in a wide variety of human service situations;
 3. Meet the specifications outlined in the CMHC licensing standards in regard to any ongoing requirements (as in completion of training requirements according to a curriculum approved by the Division of Health Care Policy); and,
 4. Pass KBI, SRS child abuse check, adult abuse registry and motor vehicle screens.
- e. Supervision: The Targeted Case Manager is supervised by "approved Center staff" which may include an MSW (Master's Level Social Worker), LMLP (Licensed Master's Level Psychologist), licensed psychologist or master's degree psychiatric nurse within the agency delivering targeted case management services.

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State/Territory: Kansas

CASE MANAGEMENT

II Targeted Case Management - Behavior Management

a. Target Group:

This service will be reimbursed when provided to children who are Medicaid recipients age 0-21 who either are, or are at risk of abuse, neglect, abandonment, family violence, out-of-home placement or institutionalization as evidenced by an assessment made by a designated state children's service agency.

b. Freedom of Choice:

The State assures that the provision of case management services to children in the care or custody of the SRS will not restrict an individual's free choice of providers in violation of section 1902(a)(23) of the Act.

1. Eligible recipients will have free choice of the qualified providers of case management services.
2. Eligible recipients will have free choice of the providers of other medical care as covered elsewhere under the Plan.

c. Non-Duplication of Payment:

Payment for case management services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose. To the extent any eligible recipients in the identified target population are receiving targeted case management services from another provider agency as a result of being members of other covered target groups, the provider agency will ensure that case management activities are coordinated to avoid unnecessary duplication of services and the State assures that it will not seek Federal matching for the case management services that are duplicative.

d. Areas of State in which services will be provided:

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- /x/ Entire State
- // Only in the following geographic areas (authority of Section 1915(g)(1) of the Act is invoked to provide service less than Statewide.
- e. Comparability of Services:
- // Services are provided in accordance with Section 1902(a)(10)(B) of the Act.
- /x/ Services are not comparable in amount, duration, and scope. Authority of Section 1915(g)(1) is invoked to provide services without regard to the requirements of Section 1902(a)(10)(B) of the Act.
- f. Definition of Services:

Targeted case management services are those that assist an individual in the target group in accessing needed medical, social, educational, and other services appropriate to the needs of the individual. Case management assistance includes the following activities:

1. Client Intake through identifying programs appropriate for the individual's needs, and providing assistance to the individual in accessing those programs.
2. Assessment of the recipients family/community circumstances, risks to the child, and service needs in order to coordinate the identification, accessing and the delivery of services.
3. Case Planning with the recipient, care giver and other parties, as appropriate to identify the care, services and resources required to meet the recipient's needs as identified in the assessment and how they might be most appropriately delivered.

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4. Service Coordination and Monitoring through linkage, referral, coordination, facilitation, documentation and recipient specific advocacy to ensure the recipients access to the care, services and resources identified in the case plan. This is accomplished by personal, written or electronic contacts with the recipient, his/her family or care giver, service providers and other interested parties.
5. Case Plan Reassessment will be periodically conducted to determine and document whether or not medical, social, educational or other services continue to be adequate to meet the goals identified in the case plan. Activities include assisting recipients to access different medical, social, educational or other needed care and services beyond those already identified and provided.

g. Qualification of Providers:

Case management services will be provided only through qualified provider agencies. Qualified case management services provider agencies must meet the following criteria:

1. Have full access to all records that pertain to the child's needs for services including records of the State's District Courts and the State's Child Service Agencies,
2. Must ensure 24-hour availability of case management services and continuity of those services,
3. Have established referral systems and demonstrated linkages and referral ability with community resources required by the target population,
4. Have a capacity to document and maintain individual case records in accordance with State and Federal requirements, and

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5. Have a demonstrated ability to meet all State and Federal laws governing the participation of providers in the State Medicaid program, including the ability to meet Federal and State requirements for documentation, billing and audits.
6. Have at least a BA/BS degree or be equivalently qualified by work experience or a combination of work experience in the human services field and education with one year of experience substituting for one year of education;
7. Pass KBI, SRS child abuse check, Adult abuse registry and motor vehicle screens.
8. Function under a supervisor who, at minimum shall possess a Master's level degree in social work; or a Bachelor's degree in social work or other related human service, and two years social work or other related human service work experience.

III. Targeted Case Management - Substance Abuse

a. Target Group:

One-on-one goal directed service for the substance abuse/dependent client through which the individual is assisted in obtaining access to needed family, legal, medical, employment, educational, psychiatric, and other services.

- b. Description: This service must be part of the treatment plan developed approved by the regional assessment center. Case management services must be authorized by the regional assessment center and be delivered by the program based upon use of the Addiction Severity Index (ASI).

- c. Qualifications: The Worker providing the case management services shall, at a minimum:

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1. Have a high school degree with documented training in federal confidentiality guidelines as they relate to substance abuse.
2. Have at least two years experience working with substance abuse programs (paid or volunteer work); and,
3. Be supervised by a State of Kansas certified Alcohol and Drug Counselor.

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